

Emergency Resources:

This handout will provide you with useful information to help you rebuild your life.

Barnabas Health Central Access 1800-300-0628

Our Central Access 24/7 call center can provide you with referrals to shelters for temporary housing and crisis centers for medical and emotional needs. In addition, all EAP and mental health insurance clinical services can be accessed through this number.

Your Private Insurance Carrier homeowners or home renters insurance

Your carrier has a 24/7 call number that can be used to report damages and to obtain information on your coverage.

Federal Emergency Management Agency (FEMA)

1-800-621-FEMA (800-621-3362) <http://www.fema.gov/apply-assistance>

For those costs that are not covered by your insurance, this # can be used for emergency relief and damage assessments.

Red Cross Hotline 800-REDCROSS (800-733-2767) <http://www.redcross.org>

The Red Cross provides a network of donors, volunteers and employees who share a mission of preventing and relieving suffering. Trained Red Cross workers often meet one-on-one with families to develop individual plans and identify available resources to help aid recovery. The website has a break down of locations which will direct people to their local Red Cross chapter. Assistance such as finding shelters, contacting and finding loved ones.

The Salvation Army (703-684-5500) <http://www.salvationarmyusa.org>

The Salvation Army is serving those impacted by Hurricane Sandy in the Northeast and Mid-Atlantic with food, clean-up kits, as well as emotional and spiritual care. The website has a break down of locations which will direct people to their local Salvation Army.

Barnabas Health One Source EAP Website

Provides information on managing the Aftermath of Disasters, How to find a Provider for Emotional issues, Life Event Referrals such as legal, financial, childcare, and eldercare information.